



Activity Calendar June 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1. 10:00 Brain Games 11:00 Walking Group	2. 10:00 Worship Service with Rick 11:00 Music and Manicures 2:30 Balloon Toss 3:15 One to One Music Therapy with Jules	3. 10:15 Gentle Fitness Class 11:00 Relaxing on the Patio 3:30 Bingo	4. 10:00 Music Therapy with Brian 11:00 Family Zoom Calls 2:30 Painting Fun: Stained Glass Tree Painting	5. 10:00 Hymn Sing with Carolyn
6. Morning Worship Service On the Lounge TV	7. 10:00 Music and Movement Class with Yvonne 2:00 Outdoor Walks 3:15 One to One Music Therapy with Rosie	8. 10:00 Brain Games 11:00 Walking Group 2:30 Janet to Perform on the Piano 3:30 Travelling Hand Massage	9. 10:00 Worship Service with Rick 11:00 Music and Manicures 2:30 Ring Toss 3:15 One to One Music Therapy with Jules	10. 10:15 Gentle Fitness Class 11:00 Relaxing on the Patio 2:30 Bingo 3:30 Word Puzzles and Music	11. 10:00 Music Therapy with Brian 11:00 Family Zoom Calls 12:15 Janet on the Piano 1:30 Friday Flick: Driving Through Normandy	12. 10:30 Mornings on the Patio with Biljana
13. 10:30 Coffee and Chat 11:15 Walking Group	14. 10:00 Hymn Sign with Carolyn 11:00 Magazines on the Patio 2:30 Gentle Fitness Class 3:15 One to One Music Therapy with Rosie	15. 10:00 Brain Games 11:00 Walking Group 2:30 Helping Hands 3:30 Creative Colouring	16. 10:00 Worship Service with Rick 11:00 Music and Manicures 2:30 Balloon Toss 3:15 One to One Music Therapy with Jules	17. 10:30 Gentle Fitness Class 11:00 Relaxing on the Patio 2:30 Popcorn and a Movie: 'Field of Dreams' 3:30 Travelling Hand Massage	18. 10:00 Music Therapy with Brian 11:00 Family Zoom Calls 2:30 Father's Day Social: Pie and Ice Cream and a Sing-Along	19. Morning Sing-Along on the Lounge TV
20. <u>First Day of Summer</u> 	21. 10:15 Gentle Fitness Class 11:00 Music on the Patio 2:00 Outdoor Walks 3:15 One to One Music Therapy with Rosie	22. 10:00 Brain Games 11:00 Walking Group 2:30 Reminiscing Group: Summer Memories 3:30 Travelling Hand Massage	23. 10:00 Worship Service with Rick 11:00 Music and Manicures 2:30 Ring Toss 3:15 One to One Music Therapy with Jules	24. 10:15 Gentle Fitness Class 11:00 Relaxing on the Patio 2:30 Janet to Perform on the Piano 3:30 Travelling Hand Massage	25. 10:00 Music Therapy with Brian 11:00 Family Zoom Calls 2:30 June Birthday Social: Cake and Ice Cream and Funny Stories	26. 10:30 Mornings on the Patio
27. 10:30 Coffee and Chat 11:15 Walking Group	28. 10:00 Music and Movement Class with Yvonne 2:00 Outdoor Walks 3:15 One to One Music Therapy with Rosie	29. 10:00 Brain Games 11:00 Walking Group 2:30 Helping Hands: Cleaning and Hulling Strawberries	30. 10:00 Worship Service with Rick 11:00 Music and Manicures 2:30 Canada Day Celebration and Strawberry Social			