

Activity Calendar September 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1. 10:00 Hymn Sing with Janet 11:00 Music and Manicures	2. 9:15 Visits with Frankie the Dog 10:00 Painting Group 2:30 Gentle Fitness Class 3:30 Music on the Patio	3. A Variety of Word Puzzles Available In the Lounge	4. *Get Outside and Enjoy the Sunshine on the Patio Today!*
5. "The morning of the first September was crisp and golden as an apple." — J. K. Rowling	6. Labour Day 	7. 10:00 Brain Games 11:00 Walking Group 2:30 Reminiscing Group: School Days, School Days, Dear Old Golden Rule Days	8. 10:00 Hymn Sing with Janet 11:00 Music and Manicures 2:30 Bingo 3:30 Word Puzzles	9. 9:15 Visits with Frankie the Dog 10:15 Gentle Fitness Class 2:30 Coffee and Laughs Social 3:30 Old Time Sing-Along	10. 9:45 Music Therapy with Brian 11:00 Outdoor Walks 2:30 Balloon Toss 3:30 Finishing Lines	11. 10:00 Hymn Sing with Carolyn
12. Grandparent's Day 10:00 Worship Service in the Great Hall *Please accompany your loved one down to this program*	13. 11:00 Balloon Toss 2:00 Outdoor Walks 3:30 Sensory Cart and Hand Massages	14. 10:00 Brain Games 11:00 Walking Group 2:30 Helping Hands	15. 10:00 Hymn Sign and Devotion 11:00 Music and Manicures 2:30 Bingo 3:30 Word Puzzles	16. 9:15 Visits with Frankie the Dog 10:00 Painting Group 2:30 Gentle Fitness Class 3:30 Music on the Patio	17. 10:00 Old Time Sing-Along 11:00 Outdoor Walks 2:30 September Birthday Social	18. "Autumn is the time of year when Mother Nature says, 'Look how easy, how healthy, and how beautiful letting go can be.' — Tori Sorenson
19. 10:00 Worship Service in the Great Hall *Please accompany your loved one down to this program*	20. 10:15 Gentle Fitness Class 11:15 Garden Care on the Patio 2:00 Outdoor Walks 3:30 Sensory Cart and Hand Massages	21. 9:30 Helping Hands: Peeling Apples for Applesauce 11:00 Walking Group 2:30 Reminiscing Group and Warm Applesauce	22. First Day of Fall 10:00 Hymn Sing and Devotion 11:00 Music and Manicures 2:30 Piano Music Performed by Janet in the Lounge	23. 10:15 Gentle Fitness Class 11:00 Finishing Lines 2:30 City of Waterloo Virtual Guest Speaker: "History of Waterloo"	24. 9:45 Music Therapy with Brian 11:00 Outdoor Walks 2:30 Kevin Coates Performs in the Great Hall	25. "By all these lovely tokens, September days are here, with summer's best of weather and autumn's best of cheer." — H. H. Jackson
26. 10:00 Worship Service in the Great Hall *Please accompany your loved one down to this program*	27. 10:00 Hymn Sing with Carolyn 11:15 Garden Care on the Patio 2:00 Outdoor Walks 3:30 Sensory Cart and Hand Massages	28. 10:00 Brain Games 11:00 Walking Group 2:30 Fall Craft and Warm Apple Cider	29. 10:00 Hymn Sing and Devotion 11:00 Music and Manicures 2:30 Bingo 3:30 Word Puzzles	30. 9:15 Visits with Frankie the Dog 10:00 Painting Group 2:30 Gentle Fitness Class 3:30 Music on the Patio		